

Dear Patient,

I would like to be the first to welcome you to *Oklahoma Joint Reconstruction Institute*. We know you have many choices when it comes to your orthopedic needs and we thank you for trusting us with your care. We also want to thank you for taking your valuable time to fill out this packet of information as it will help us to better understand your condition.

Your first appointment will take approximately 30-45 minutes, and I will do my best to run as close as possible to your allotted appointment time. I do take care of urgent / emergent patients and I ask for your understanding and patience as from time to time your appointment may get rescheduled or I may be running late. I agree to extend the same courtesy to my patients' as I understand that unforeseen events may delay your arrival. I will do my best to accommodate late patients as my schedule permits. The attached packet will give you some important details on my practice. Please don't hesitate to contact me personally at *drjacob@drpauljacob.com* or my scheduler at **(405) 424-5426** with questions at any time during your care.

I am a Board Certified and Fellowship Trained Orthopedic Surgeon specializing in advance hip and knee replacement and adult reconstruction. I was fortunate to have to opportunity to complete my training at the world-renowned Cleveland Clinic in Cleveland, Ohio. My experience working with some of the world's leading experts in the field of adult reconstruction has allowed me to bring the most advanced techniques in minimally invasive surgery to the state of Oklahoma. This includes robotically assisted and minimally invasive hip and knee replacement utilizing the latest in rapid recovery protocols. My practice is solely focused on adult reconstruction of the lower extremity. I am committed to providing the most advanced techniques available for the residents of the state of Oklahoma and surrounding states.

I am passionate about achieving excellent results for my patients. A caring, professional approach to patient care combined with advanced surgical techniques is paramount. I also believe that monitoring of surgical results is critical. I am proud to say that our practice actively participates in the American Joint Replacement Registry.

WHAT TO BRING TO YOUR APPOINTMENT

- Driver's License or a valid ID
- Insurance information (card)
- Medical records from previous orthopedic surgeons

- Disc of previous imaging (X-rays, MRIs, CT scans etc.)
- List of medications (if any)
- Hospital medical records from previous surgeries

We realize that you will receive a great deal of information regarding your diagnosis and its associated treatment in a very short period of time. The amount and pace of information can be overwhelming. My website **www.drpauljacob.com** contains further information about my practice, research and experience. It also contains useful educational material on your diagnosis, surgical procedure and rehabilitation. If you are not provided with all the answers to your questions from these resources, please do not hesitate to contact us at any time for further assistance.

The prospect of undergoing a major surgery can sometimes be a stressful on you and your loved ones. We have designed a full program to inform you of your options, educate you on the process and minimize any stress / inconvenience that you may experience.

No matter your level of activity; whether you want to return to high level sport or be free of pain and enjoy everyday life, I am dedicated to helping you achieve your goals and live life to the fullest. I hope to be of assistance and look forward to meeting you soon.

Sincerely,

Paul B. Jacob D.O.

Oklahoma Joint Reconstruction Institute Board Certified and Fellowship Trained Orthopedic Surgeon

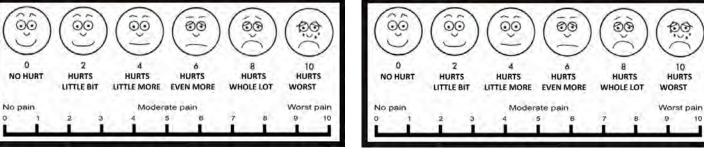
Board Certified and Fellowship Trained Orthopedic Surgeon Specializing in Advanced Reconstruction of the Hip and Knee

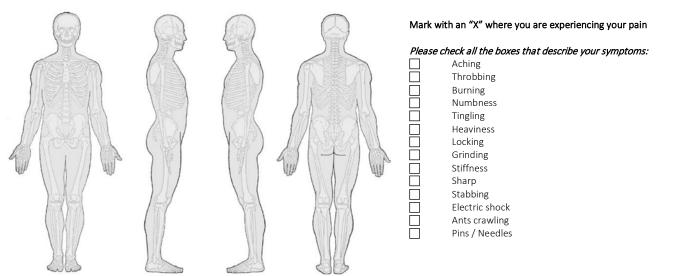
Email: drjacob@drpauljacob.com

Office: (405) 424-5426 Fax: (405) 424-5431

Website: www.drpauljacob.com

General Patient Information								
Name:		A:	ıge:	Date Of Bir	rth:	Height:	Weight:	
Home Phone:		Cell Phone:			Ema	ail:		
Preferred contact method:	☐ Home Phone	Cell Phone	Email	Ot	ther:			
Emergency Contact Name:					Phone #:			
Pharmacy Name:					Phone#			
Other:	Left Left clinion with my existing hip / kne		nt		☐ Bilateral ☐ Bilateral			
Please let us know if you see a	any of the following phy	sicians:						
Primary care physician:			Cardiolog	gist (heart d	doctor):			
Rheumatologist (arthritis docto	.or):		Pulmonc	əlogist (lung	g doctor):			
Pain Management:			Nephrol	logist (kidne	ey doctor):			
Other:								
In your words please describe	why you are seeing Dr.	Jacob:						
Circle the number below th	hat best corresponds to	o your pain at its <u>BEST</u>		Circle the	e number belov	w that best correspond	ds to your pain at	its <u>WORST</u>
NO HURT HURTS LITTLE BIT LIT	4 6 HURTS HURTS ITTLE MORE EVEN MORE Moderate pain 4 5 6	8 10 HURTS WHOLE LOT Worst 7 8 9	0 RTS ST t pain	0 NO HURT	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	4 6 HURTS HURTS LITTLE MORE EVEN MO Moderate pain 4 5 6	8 HURTS	10 HURTS WORST Worst pain





Past Treatments

Insurances often will not approve major surgeries like hip or knee replacements until the patient has made attempts at conservative treatment for a minimum of 3 months. Please indicate all conservative treatments you have attempted below:

☐ I CAN NOT TAKE ANTI-INFLAMMATORY MEDICATIONS (REASON):						
WEIGHT LOSS	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
ACTIVITY MODICATION	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
OVER THE COUNTER MEDS	☐ YES ☐ NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
PRESCRIPTION NSAID'S	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
PRESCRIPTION PAIN MEDS	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
TOPICAL MEDS	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
ALTERNATIVE MEDS	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
PHYSICAL THERAPY	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
AQUATIC THERAPY	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
CHIROPRACTIC	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
ACUPUNCTURE	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
HOME EXERCISE	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
STEROID INJECTION: #	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
GEL INJECTIONS: #	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
STEM CELL INJ. #	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
PRP INJECTIONS #	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
BRACING	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
WALKER / CANE / CRUTCH	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
REST / ICE / ELEVATION	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
NERVE BLOCKS	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
ARTHROSCOPIC SURGERY	☐YES ☐ NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
OSTEOTOMIES	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
CARTILAGE TRANSPLANT	☐YES ☐ NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
MICROFRACTURE	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
ORTHOTICS / TAPING	YES NO	I have tried this treatment over the following timeframe	Less than 12 weeks	Greater than 12 weeks		
Please describe any other treatme	nts that you have att	empted that are not listed above:				
<i>,</i>						

<u>Review of Systems</u>

Please check the box next to any of the symptoms you are experiencing currently.'

☐ I DO NOT HAVE ANY OF THE FOLLOWING SYMPTO	DMS			
General: Chills Excessive Weight Gain Excessive Weight Loss Fatigue Fever Night Sweats Difficulty Sleeping Cardiovascular: Chest Pain Shortness of Breath Palpitations	Gastrointestinal: Nausea Vomiting Constipation Loose stool Poor Appetite Poor Nutrition Eyes / Ears / Nose / Throat: Vertigo / dizziness Hearing Loss Nose Bleeds Visual Changes	Neurologic: Weakness Tremors Numbness Tingling Burning Sensation Seizures Memory Loss Headaches Paralysis Foot Drop Loss of Consciousness Headaches		
Irregular Heartbeat Leg Swelling Pitting Edema Heart Murmur Fainting Skin: Discoloration	Ringing in Ears Endocrine: Excessive Thirst Heat Intolerance Cold Intolerance Respiratory:	Slurred Speech Musculoskeletal: Pain Going Up Stairs Pain Going Downstairs Back Pain Neck Pain		
Easy Bruising Hives Rashes Open wounds Reaction to Metal Trouble Healing Wounds Have a wound care doctor	Cough Coughing Blood Require oxygen at home History of pneumonia Sleep apnea Use a CPAP Shortness of breath when:	Muscle Atrophy Limping Joint Stiffness Leg Length Difference Use of Walker / Cane Trouble Getting Dressed Locking of Joints		
Gastrourinary: Urinary Frequency Urinary Retention Bowel Incontinence Bladder Incontinence Constipation	☐ Walking 2 blocks ☐ 1 flight of steps ☐ When I lay down Psychiatric: ☐ Anxiety / Worrying ☐ Depression	Popping of Joints Feeling of Instability Joint Swelling Muscle Cramps Allergic / Immunologic: Hives		
Hematology: Excessive Bruising Excessive Bleeding Blood Transfusions Anemia	Excessive Crying Trouble Focusing Memory Loss Mood Swings Excessive Fear	Persistent Infections HIV Exposure Hepatitis Exposure Rash from Jewelry Rash from Meta		
☐ I don't have any past medical history	<u>Past Medical History</u>			
Depression Anxiety Cancer Asthma COPD Emphysema Diabetes Type I Diabetes Type II Heart Burn / Reflux Heart Attack High Cholesterol High Blood Pressure Stroke Gout Osteoporosis Thyroid Disease HIV	Hepatitis A Hepatitis B Hepatitis C Hepatitis (other) Hiatal Hernia Kidney Failure Kidney Stones Liver Disease Rheumatoid Arthritis Osteoarthritis Psoriatic Arthritis Autoimmune Arthritis Fibromyalgia Alcohol Abuse/Addiction History of MRSA Anemia Deep Vein Thrombosis	Pulmonary Embolism Bleeding Disorder Factor V Leiden Factor Deficiency Phlebitis History of Seizures Thyroid Disease Tuberculosis Pneumonia Obstructive Sleep Apnea MRSA Infection Gastric Ulcers GI Bleeding Crohn's disease Ulcerative colitis Irritable bowel syndrome		

	<u>Family I</u>	<u>History</u>		
I don't know my family history				
Heart Attack Stroke	High Blood Pressu Arthritis	re	Liver Disease Arthritis	
TIA (Mini Stroke)	Bleeding Problems	;	Osteoporosis	
Cancer	☐ Blood Clots		Rheumatoid Arthritis	
Breathing Problems Diabetes	Phlebitis Pulmonary Emboli	sm	☐ Thyroid Disease☐ Autoimmune Disease	
Please use the space below to provide any info	rmation you leel we should know abou	it your past or current medica	ai nistory:	
	Post Curais	nol History		
	<u>Past Surgio</u>	ai mistory		
Please list all of the SURGERIES you have had				
Surgery	Hospital	Physician	Complications?	Year
1)				
2)				
2)				
3)				
4)				
5)				
6)				
<i>)</i>				
7)				
·				
8)				
9)				
101				
10)				
Please use the space below to provide any info	rmation you feel we should know abou	it your past surgical history:_		
Have you been hospitalized in the past 5 years	? YES NO			
f yes please describe:				

		<u>S</u>	ocial History			
I Quit S I Smok	Never Been a Smoker Smoking(Days / Months / Ye ed for Years Current Cigarette Smoker Smoked for Years e Packs Per Day mokeless Tobacco	ars) Ago				
☐ I Use C	Other Tobacco Products:terested in quitting					
Alcohol Use. I Drink	, -					
	ot Use Illegal Drugs ecreational Drugs:					
☐ I Exerc	ot Exercise ise Weekly f Exercise:					
Occupation: I Am Currently Working as a(n): This was a workplace Injury Employer: I Am Currently Unemployed I am Retired from:						
Lives with (check all that apply): Alone Spouse Children Do you have any stairs that you will need to navigate at home? YES NO If yes, how many stairs are there in the home:						
Have you had one of the following heart tests:						
(place a ✓)	I have had the following	Year	Location of testing			
	EKG					
	Stress Test					
	Echocardiogram (ultrasound of heart)					
Yes No	Stent Placement?					
	Cardiac surgery, please specify:					
	Other cardiac procedure:					
∐ Yes ∐ No	Yes No Pacemaker/AICD					
if you marked yes to having a Pacemaker or AICD please provide the following info						
Date pacemaker was last checked: Model number or type of pacemaker:						
This model is MRI safe: Yes No lam not sure						
☐ I have my pacemaker card and can provide a copy						
Please use the space below to provide any information you feel we should know about your cardiac history:						

CURRENT MEDICATIONS

I am on the following PAIN MEDICATIONS I am not currently taking any opioid based (narcotic) pain medications __ Dose: _____ How Often: _____ 1. Drug Name: _ _____ Dose: _____ How Often: _____ Drug Name: ____ Daily Medications (Please include over the counter medication and food supplements). ___ Dose: ______ How Often: ____ Drug Name: ___ Dose: _____ How Often: Drug Name: ___ ______ Dose: _____ How Often: ____ Drug Name: ___ ___ Dose: _____ How Often: ___ Drug Name: ___ Dose: How Often: Drug Name: ___ Drug Name: ___ Dose: _____ How Often: ___ _____ Dose: _____ How Often: _____ Drug Name: ___ ___ Dose: _____ How Often: Drug Name: ______ Dose: _____ How Often: ___ Drug Name: ___ Drug Name: __ Dose: _____ How Often: ___ Dose: How Often: Drug Name: __ ___ Dose: _____ How Often: ___ _ Dose: _____ How Often: ___ Dose: _____ How Often: _____ Drug Name: ___ Dose: _____ How Often: ____ Dose: ______ How Often: ____ Drug Name: ___ Dose: How Often: ____ Dose: ______ How Often: ____ Drug Name: ____ Drug Name: _____ Dose: _____ How Often: _____ YES □NO Are you on any Rheumatoid Arthritis or autoimmune disease medications? Methotrexate Infliximab (Remicade) Ustekinumab (Stelara) Sulfasalazine Abatacept (Orencia) Belimumab (Benlysta) Hydroxychloroquine (Plaquenil) Certolizumab (Cimzia) Tofacitinib (Xeljanz) Leflunomide (Arava) Rituximab (Rituxan) Mycophenolate Mofetil Adalimumab (Humira) Tocilizumab (Actemra) Azathioprine Etanercept (Enbrel) Anakina (Kineret) Cyclosporine Golimumab (Symponi) Secukinumab (Cosentyx) Tacrolimus OTHER: Allergies (please describe the reaction on the line provided) NO KNOWN DRUG ALLERGIES I Have an allergy to **LATEX** I Have an allergy to TOPICAL IODINE (BETADINE) I Have an allergy to IV IODINE **Drug Allergy** Reaction

PLEASE ANSWER EACH OF THE FOLLOWING QUESTIONS TO THE BEST OF YOUR ABILITY: ARE YOU CURRENTLY TAKING ANY HORMONES? (ANYTHING CONTAINING ESTROGEN OR TESTOSTERONE) YES NO HAVE YOU EVER HAD A BLOOD CLOT ALSO CALLED A DEEP VEIN THROMBOSIS (DVT) IN YOUR LEGS? YES NO HAVE YOU EVER HAD A BLOOD CLOT IN YOUR LUNGS OR A PULMONARY EMBOLISM (PE) IN YOUR LUNGS? YES □NO □NO HAVE YOU EVER HAD PHLEBITIS (SUPERFICIAL BLOOD CLOT)? YES □NO HAS AN IMMEDIATE FAMILY MEMBER EVER HAD A DVT? YES □NO HAS AN IMMEDIATE FAMILY MEMBER EVER HAD A PE? YES HAS AN IMMEDIATE FAMILY MEMBER EVER HAD A PHLEBITIS? NO YES ARE YOU CURRENTLY ON A PRESCRIBED BLOOD THINNER THAT YOU ARE AWARE OF? YES NO DO YOU HAVE ANY CARDIAC STENTS? □NO YES HAVE YOU BEEN DIAGNOSED WITH KIDNEY FAILURE? YES □NO HAVE YOU BEEN DIAGNOSED WITH BLEEDING ULCERS? YES □NO DO YOU HAVE TROUBLE TOLERATING OR HAVE YOU BEEN TOLD NOT TO TAKE ASPIRIN? YES □NO □NO DO YOU HAVE A HISTORY OF SEIZURE DISORDERS? YES □NO HAVE YOU BEEN DIAGNOSED WITH DEPRESSION? YES HAVE YOU BEEN DIAGNOSED WITH AN ANXIETY DISORDER? YES □NO HAVE YOU BEEN DIAGNOSED WITH LIVER FAILURE? YES NO □NO HAVE YOU BEEN DIAGNOSED WITH HIV / AIDS? YES □NO HAVE YOU EVER BEEN DIAGNOSED WITH HEPATITIS? YES HAVE YOU BEEN DIAGNOSED WITH DIABETES? □NO YES HAVE YOU BEEN DIAGNOSED WITH HEART FAILURE? YES □NO □NO HAVE YOU EVER HAD A TRANSIENT ISCHEMIC ATTACK (TIA)? YES □NO HAVE YOU EVER HAD A STROKE? YES DO YOU HAVE A HISTORY OF ANESTHESIA COMPLICATIONS? YES □NO DO YOU WORK IN HEALTH CARE OR HAVE EXPOSURE TO MRSA? YES NO DO YOU HAVE A HISTORY OF MRSA (STAPH) INFECTION? YES NO DO YOU HAVE A HISTORY OF INFECTION AFTER SURGERY? YES □NO HAVE YOU HAD TROUBLE HEALING AFTER PREVIOUS SURGERIES OR INJURIES? YES □NO ARE YOU AN ORGAN TRANSPLANT RECIPIENT? YES □NO HAVE YOU HAD A PREVIOUS SURGERY ON THE OPERATIVE JOINT? YES □NO DO YOU BEEN ON STEROIDS FOR A LONG TIME (PREDNISONE, CORTISONE......)? YES □NO HAVE YOU HAD A STEROID INJECTION ON THE OPERATIVE JOINT IN THE PAST 90 DAYS? YES NO DO YOU USE TOBACCO PRODUCTS (ORAL TOBACCO, VAPING, CIGARS, CIGARETTES...) YES NO □NO IF YES, ARE YOU WILLING TO QUIT? YES DO YOU HAVE AN ALLERGY TO TOPICAL IODINE? YES □NO DO YOU HAVE AN ALLERGY TO LATEX? YES □NO □NO HAVE YOU HAD AN INFLUENZA VACCINE THIS YEAR? DATE: YES □NO HAVE YOU HAD A PNEUMONIA VACCINE THIS YEAR? DATE:_ YES HAVE YOU BEEN DIAGNOSED WITH CANCER IN THE PAST 5 YEARS? YES NO If yes, please provide the following information: Type of cancer:_ Date of Diagnosis:_ Did you require any of these treatment(s)?

Radiation Therapy Location:_ Chemotherapy Type:_ Lymph Node Removal Location: