



# Oklahoma Joint Reconstruction Institute

## Paul B. Jacob, DO

### *MotionSense*

#### **What Is *MotionSense* Patient Engagement Application:**

MotionSense is a digital companion, created by surgeons and physical therapists to support you through every step of your preparation and recovery from surgery. Our aim is to improve the experience of having surgery by informing, empowering and enabling people to engage with their own care and prepare for every stage of your road to recovery. From time to time you will be asked to complete surveys and daily pain scores along with information about your daily activity. This important information will generate patient specific reports that your surgeon will use to provide you with customized recommendations that will help you throughout your recovery process. The app will assist you in getting ready for surgery, planning your recovery and tracking progress towards your goals!

#### **The MotionSense App will provide you with the following:**

- Information about your surgery
- Pre-op and post-op check-lists
- Educational insights to help you prepare for your procedure.

#### **The application enables surgeons to:**

- Engage with patients outside of the clinic through customized educational videos.
- Provide information based on each surgeon's pre-hab and rehab protocols.
- Provide simple, straight forward, easy to understand answers to frequently asked questions.

#### **Through the mobile app, your surgeon will actively engage in monitoring your progress through:**

- Daily pain journals
- A personalized home exercise program
- Activity monitoring such as daily steps and weekly range of motion

#### **The MotionSense App empowers you, the patient, and assists your healthcare professional to:**

- Prepare for your procedure in an individualized manor
- Assess your daily pain scores and make recommendations to your recovery plan.
- Review your surveys post-op to evaluate your progress through your recovery journey.
- Monitor and review your total joint recovery progress.

#### ***MotionSense* Key Features**

- Step-by-step interactive videos to match the plan from your surgeon and physical therapist
- Real time access to written information curated by your surgeon and physical therapist
- Self-care tools to help you set goals and track your progress
- Customized exercise plans and exercise videos
- Reliable, accessible information, relevant to each stage of your preparation and recovery
- Integrates with the Apple Health app, enabling us to give you personalized targets and encouragement

To get started, download the free MotionSense app on the apple or android app store and enter the 6-digit pin code (sent to you by your surgeons' office) to unlock your unique app.

## ***Remote Patient Monitoring Informed Consent***

I hereby consent to receiving the MotionSense remote patient monitoring services from Dr. Paul B Jacob, Oklahoma Joint Reconstruction Institute, and its providers as part of my health evaluation and treatment. I further give this Medical Practice and its providers permission to consult with relevant specialists as needed during the course of my treatment. I am providing the foregoing consents based on my understanding of the following:

During the MotionSense remote patient monitoring process, my provider and I will be in different physical locations and my medical and/or health information will be communicated to health care providers at those other physical locations. I may benefit from the use of the MotionSense app, but results cannot be guaranteed or assured.

*I have the right to terminate the medical practice's remote patient monitoring services at any time without affecting my right to future care or treatment or risking the loss or withdrawal of any program benefits to which I would otherwise be entitled.*

I understand that my medical insurance will be billed for these services however I am responsible for any applicable deductibles or copays for remote patient monitoring services. These amounts are determined by your insurance company and the terms of your health plan or health insurance agreement and not by the Dr Paul B. Jacob, Oklahoma Joint Reconstruction Institute, or the medical practice itself. If at any time these costs are not acceptable you may terminate the agreement and no charges will be issued to you.

The information and data disclosed by me (the patient) during the course of my participation in Medical Practice's remote monitoring services may be integrated into my medical record and will generally be protected and confidential. However, I understand that there is a risk that data security protocols could fail, which could result in the unintended disclosure of my information.

Only one practitioner or facility may provide, and be paid for, remote monitoring services during a calendar month. I hereby attest that, to the best of my knowledge, I am not participating in remote monitoring services with any of my other medical providers.

In some states, including California, remote patient monitoring may be considered a type of "telehealth." My consent is therefore intended to satisfy any and all legal requirements that apply to the use of telehealth, including and without limitation, Section 2290.5(b) of the Cal. Bus. & Prof. Code.

1. I hereby authorize **Dr. Paul B. Jacob to remotely monitor my condition through the MotionSense app and bill my insurance company for these services.**
2. I understand that I can opt out at any time.
3. I have discussed the foregoing information with my provider and all of my questions have been answered to my satisfaction.

*I elect to proceed with remote monitoring.*

*I DO NOT elect to proceed with the MotionSense app and remote monitoring.*

By signing below, I acknowledge that I have read this document and completely and fully understand it. I am aware that I am entitled to ask questions regarding any aspect of this document and / or my medical care.

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Signature of Patient or Legal Guardian

Print Name

Date

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Witness Signature

Print Name

Date

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Dr. Paul B. Jacob

Date